

Sl.No	Title of the Publication	Name of Author	Name of the Journal
1	Clinical Efficacy of Ayurvedic Formulations Rajahpravartini Vati, Varunadi Kashaya and Kanchanar Guggulu in the Management of Polycystic Ovary Syndrome: A Prospective, Open-label, Multicenter Study	Dr. Susmita P. Otta	Journal of Research in Ayurvedic Sciences Volume – 1, Issue – 2 April-June – 2017: 90-98
2	Clinical evaluation of Brahmi ghrita and Jyothishmati taila in the management of cognitive deficit in children	Dr D. Sudhakar	JRAS, Vol 2, April – June 2018
3	Clinical evaluation of Aswagandha and Madhukaparni tab in the management of manodwega (GAD)	Dr D. Sudhakar	JRAS, Vol 2, April – June 2018
4	Ayurvedic management of abnormal fluid collection in uterus –a case report	Dr. Emy. S. Surendran	IJRAP (International Journal of Research in Ayurveda and Pharmacy), Vol 9, issue 4, August 2018
5	Effectiveness of Ayurvedic Intervention in primary open angle glaucoma (Kaphaja Adhimandha)- A case Study.	Dr. Ratheesh. P.	JAIMS (Journal of Ayurveda and Integrated Medical Sciences), Vol 3, Issue 4, July-August 2018
6	Mode of Ayurvedic intervention in diabetic retinopathy (Sannipatika kacha) associated with chronic renal failure – a case study	Dr. Ratheesh. P.	JAIMS (Journal of Ayurveda and Integrated Medical Sciences), Vol 3, Issue 3, May –June 2018
7	Effect of combination of certain indigenous drugs in hirsutism	Dr. Emy. S. Surendran	International Journal of Health sciences and research, Vol 8 issue 7, July 2018
8	Review on Utharavasthi (Urogenital route of medicine administration)	Dr. Meghna P P	Journal of Research in Traditional Medicine science, Vol 4 issue 1, 2018
9	Importance of regulation of daily water intake to prevent diabetic eye disease	Dr. Ratheesh. P.	International Journal of current research, Vol 10, Issue 8, August 2018
10	Review on Pottali Kalpana	Dr. Varsha Sumedhan	Journal of Ayurveda and Integrated Medical Sciences, Vol 3, Issue 4, July-August 2018
11	Pharmaceuto-analytical evaluation of Mahagandhakam	Dr. Varsha Sumedhan	Research in Traditional Medicine Vol 4, Issue 2, March- April 2018
12	A critical review on the application of Yukti pramana for logical inclusion or rejection of a drug mentioned in aushadha yoga (medicinal formulations) according to clinical condition'	Dr. Sinimol T P.	International Journal of Ayurveda and Pharma Research, Vol 6, Issue 9, 2018
13	Curing Acute Prostatitis by means of Ayurveda – A Case a report,	Dr. Soumya M. C	Journal of Ayurveda and Integrated Medical Sciences Vol - 3, Issue 6, Nov- Dec 2018

14	Exploration of Polyherbal formulations used by folk healers of Andaman and Nicobar Islands, India	Dr Sinimol T P	Journal of drug Research in Ayurvedic Sciences (JDRAS), Volume 3, issue 2,2018
15	Published a book on the theoretical framework of Srotorodham and its clinical applications	Dr.Praveen Balakrishnan	The theoretical framework of Srotorodham and its clinical applications- Published by Aryavaidya sala, Kottakkal
16	Conservative management of young age onset pelvic organ prolapse through Ayurvedic treatment- a case report'	Dr. Emy. S. Surendran	JRAS (Journal of Research in Ayurvedic sciences), oct-dec 2018, Vol 2-4, page no 254.
17	A comparative study to assess the modulation of stress by shirodhara in healthy individuals by psychometric and heart rate variability measures	Dr D. Sudhakar	Applied medical research, Volume 6, Issue 2,2018
18	Pharmacological aspects of Shigru (Moringa oleifera Lam.) in view of Ayurveda	Dr. Soumya.M.C	Journal of Ayurveda and Integrated Medical Sciences, Volume 1, 2019
19	Ayurvedic management of Lumbar spondylolisthesis (kati shoola) with special reference to Chinchala lavana sweda- A case report	Dr. Sinimol. T. P	International Journal of Ayurveda and Pharma Research, Volume 7, Issue 1, March2018
20	Ayurvedic management of extra hepatic manifestation (Cutaneous vasculitis) in Hepatitis B- A case report	Dr S K Giri	International Journal of Research in Ayurveda and Pharmacy, Volume 10, Issue 1, March 2018
21	Probable mode of action of Kalyanakaghrita in unmada (Insanity) based on analysis of rasa panchaka of ingredients – a review	Dr. Sinimol T. P	International Journal of Ayurveda and Pharma Research (IJAPR)Vol 7, Issue 2, Page 24-34. February 2019
22	Management of Plaque psoriasis – a case study.	Dr Sinimol T.P.	International Journal of Ayurveda and Pharma Research (IJAPR)Vol 7(11): 41-46, 2019
23	Management of Genital warts through Ayurveda – A case report.	Dr Sinimol T.P.	International Journal of Ayurveda and Pharma Research (IJAPR)Vol-7, Issue 3, March 2019
24	Critical review of Garbhini Ksheerapaka mentioned in ayurvedic texts of Kerala.	Dr. Meghna P.P,	Journal of Ayurveda and Integrated Medical Sciences (JAIMS)ISSN 2456 Vol 4 Issue 3 May- June 2019
25	Management of “Jalodara vis-à-vis ascites with special reference to Jalodarara rasa as virechana yoga.”	Dr. S. K. Giri	Aryavaidyan Vol. XXX11 No 3, Feb- April 2019, Pg 31-33.
26	Ayurvedic management of necrozoospermia – a case report	Dr. S. K. Giri	AYUVol-40/issue1/ January- March 2019

27	Effect of Tiktaka ghrita snehapana & nasya in Allergic rhinitis – a case report	Dr. Praveen Balakrishnan	Aryavaidyan Vol XXXII, No 4, May-July 2019.
28	A review on the probable mode of action of Hinguvachadi Churna (powder)- An ayurvedic formulation with multifaceted action	Sinimol T.P., Surendran E.S., Sumedhan V., Meghna P.P. & Subhose. V.	International Journal of Ayurveda and Pharma Research (IJAPR) 2021;9(3):94-101 ISSN: 2322-0910 (Online)
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30	An observational study on health-related demography of women and children belonging to scheduled caste population in selected areas of Thiruvananthapuram district of Kerala state, India.	Sinimol T.P., Meghna P.P., Gavali K., Ota S., Shahi V., Devarakonda S., Srikanth N. & Dhiman K.S.	Journal of Research in Ayurvedic Sciences, 2021; 5(1):26-35
31	Rehabilitation of residual neurological deficit caused by traumatic brain injury through Ayurvedic treatment protocol- A retrospective case report	Meladam PS, Maneeri A, Surendran ES, Chandran DV, Radhakrishnan P.	Annals of Ayurvedic Medicine. 2019;8(1-2):42-50.
32	The principles of Roganutpadaniya- their application to preventive medicine -Book	Dr. Praveen Balakrishnan	Kottakkal Aryavaidyashala Kerala, ISBN No: 978-93-84050-38-2, 2019
33	Billion Steps: A Path Towards Strength and Prosperity- Chapter in a book-Youth as Nation Builders	Dr. Praveen Balakrishnan	Lab Academia Publications ISBN No:978-81-936791-4-2, 2019
34	Ayurvedic management of multiple varicose ulcers due to incompetent perforator veins in lower limb-A case report,	Sinimol TP, Sumedhan V, Surendran ES, Karthika AP, Subhose V.	Annals Ayurvedic Med. 2022;11(2) 172-180 Online ISSN, 2437-6923
35	Ayurvedic management of Alopecia areata (Indralupta) with surgical procedure Kuttanam and internal medications: A case report	Deepthi GNS., Kumar C.R., Kumar V.K., Surendran E.S., Sudhakar D. & Raj R.B.	Journal of Ayurveda Case Reports 4(3):105-110 ISSN 2667-0593/e-ISSN 2667-0607 UGC
36	A Review on Kwatha extract sachets-A preservative free and Patient friendly alternative dosage form of the traditional kwatha	Surendran E.S., Sinimol T.P. & Sreedeepti G.N.	International Journal of Research in Ayurveda and Pharmacy 2021;12(2):104-06 ISSN Online:2229-3566 ISSN Print: 2277-4343
37	Ayurvedic management of female pelvic organ prolapse –A case series	Surendran E.S. & Sinimol T.P.	Aryavaidyan, Vol. XXXIV, No 1, 0970-4086

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39	Ayurvedic management of symptomatic simple ovarian cyst:A case report	Meghna P.P., Sumedhan V. & Sinimol T.P.	International Journal of Research in Ayurveda and Pharmacy 2020;11(2):13-14 ISSN Online:2229-3566
40	Utharavasthi in Females-A Survey among Ayurveda Doctors of Kerala	Meghna PP, Vijayakumar N, Sreedhar A,	Annals of Ayurvedic Med. 2022;11(4):316-327, E-ISSN 2347-6923 ISSN 2277-4092
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44	Disease characteristics, care seeking behaviour and outcomes associated with the use of Ayush 64 in Covid 19 patients in home isolation in India: A community based cross sectional analysis	Dr. Praveen Balakrishnan, Dr.Emy S Surendran, Dr. Varsha Sumedhan Dr. Meghna P P Dr. Sinimol T P	Frontiers in Public Health International Volume 10, July 2022, article 904279, Page 1-12, ISSN 2296-2565
45	Ayurvedic management of multiple varicose ulcers due to incompetent perforator veins in lower limb: A case report	Dr. Sinimol T P, Dr. Emy S Surendran Dr. Varsha Sumedhan Dr. V. Subhose	Annals of Ayurvedic Medicine (AAM) International Volume 11, Number 2, April -June 2022, Pg No: 172-180, ISSN 2347-6923
46	"Efficacy of Ayurveda intervention "Ayuraksha Kit" on COVID-19 incidence and outcomes: A prospective cluster randomized community-based study in India" as co-authors	Dr. Emy S Surendran Dr. Sinimol T P	Journal of Research in Ayurvedic Sciences (JRAS) National Volume: 6, Issue 4, December 2022, Page: 160-168, ISSN: 2456-5601

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52	A critical review of the book ‘Arbuda chikitsa-Ayurvedathile veritta vazhikal’ by Dr. P. B. Susheela Saji	C.K. Saniya, Parvathy G. Nair, P.S. Aswani, A.P. Karthika	Journal of Ayurveda and Integrative Medicine, Volume 15, Issue 2,2024, 100894, https://doi.org/10.1016/j.jaim.204.100894
53	HPTLC, Physico-chemical, Phytochemical, Macroscopic, Microscopic Analysis of Seeds of a Nutri Cereal-Finger Millet/Ragi [(Eleusine coracana (L.) Gaertn	Peethambaran ST, Chandrika SM, Nalinakshan SG, Padikkal MP, Reena VL, Kannan NB, et al	Pharmacog Res. 2024;16(1):118-22. Drug Standardization January-March 2024
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59	HPTLC, Physicochemical and Phytochemical Analysis of Kodo Millet (<i>Paspalum scrobiculatum</i> L.) Seeds with Special Reference to its Ethnopharmacological Review.	Peethambaran ST, Nalinakshan SDG, Chandrika SM, Varma S, Natarajan M	Research article Pharmacog Res. 2024;1July September, 6(3):581-7. DOI: 10.5530/pres.16.3.69, ISSN No: Print ISSN 0976-4836, Online ISSN 0974-8490
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64	Knowledge, attitude and practices of ayurvedic medicine practitioners in Kerala towards millets and millet-based diet: a prospective cross-sectional online survey study	Saniya Chettiam Kandy, Richa Singhal, Krishna Kumar V, Babita Yadav, Sophia Jameela, Sudhakar Deverakonda, Bhogavalli Chandra Sekhar Rao, Rakesh Kumar Rana, Narayanam Sreekanth, Rabinarayan Acharya	BMJ Nutrition, Prevention & Health 2024;: e000960. https://doi.org/10.1136/bmjnp-2024-000960
65	Dr. K. Rajagopalan: An exemplary physician who blended the wisdom of	Dr Emy S Surendran Surendran, Emy S.; Meghna, Pooleri	Journal of Research in Ayurvedic Sciences 8(Suppl 2): p S147-S152, November 2024. DOI:

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