RESEARCH PROJECTS

Sl. No	Central Code	Project Code	Type of Project	Title of the Project	Status of the Project
1.	IMRP0638	ICL0231	IMR (Clinical Research)	Clinical Evaluation of Ayurvedic Regimen (Virechana Karma followed by Oral administration of Kankayana vati, Kanchanara guggulu and Kumaryasava) in the management of polycystic ovarian syndrome – A Randomized controlled open label Clinical Trial	Ongoing
2.	IMRP0683	ICL0263	IMR (Clinical Research)	An Analytical Cross-Sectional Study to Evaluate the Knowledge, Attitude and Practice of Hair Oil Application (Siro Abhyanga) Among Adult Women in Kerala	Ongoing
3.	IMRP0677	ICL0257	IMR (Clinical Research)	A Clinical Consensus study for developing the standard operating procedure and the practice guidelines of Kabala and Gandoosha Karma.	Ongoing
4.	IMRP0513	ICL0212	IMR (Clinical Research)	Impact of Ayurveda Based Lifestyle Advocacy and Practices among apparently healthy individuals across selected cities in India- A Randomized Parallel Group Study	Ongoing
5.	IMRP0636	ICL0229	IMR (Clinical Research)	Clinical evaluation of Sanjivani Vati and Pippaladyasava in the management of Agnimandya – A Randomized Parallel group study	Ongoing
6.	IMRP0672	ICL0252	IMR (Pharmaceutical & Pharmacovigilance)	A prospective pragmatic observational study to document the possible adverse events of Nasya karma	Ongoing
7.	IMRP0688	IPC0025	IMR (Pharmaceutical & Pharmacovigilance)	A Systematic survey of the labelling information of Ayurvedic drugs included in NLEAM and marketed in India in compliance with Rule 161 of the D&C Act 1940 and Rule 1945	Ongoing
8.	IMRP0673	ICL0253	IMR (Pharmaceutical & Pharmacovigilance)	An Observational Study on possible Adverse Events during Vasti Karma – A Prospective Pragmatic Observational Study at Rari Trivandrum.	Ongoing
9.	IMRP0628	IBO0061	IMR (Medicinal Plant Research)	Medico Ethno Botanical Survey in the forest division of Thiruvananthapuram district	Ongoing
10.	-	-	IMR (Literary Research)	Documentation of life profile of luminaries in the field of Ayurveda 2025-2026 - K S Manilal	Ongoing

11.	-	-	IMR (Literary Research)	Documentation of life profile of luminaries in the field of Ayurveda 2024 : (a) Shri Itty Achudan (b) Shri Kochunni Thampuran (c) Shri K Kunjiraman Viadyar (d) Shri K Kuttan Vaidyan (e) Dr CD Sahadevan	Ongoing
12.	-	-	IMR (Literary Research)	Documentation of life profile of luminaries in the field of Ayurveda 2025-2026 - Sri. K Narayanan Gurukkal	Ongoing
13.	-	-	IMR (Clinical Research Project)	Survey and Documentation on Netra Kriya Kalpa practices among registered Ayurveda practitioners across India	Ongoing
14.	-	-	-	Documentation of Ethno -Dietary Practices Indigenous to India (As part of MEBS)	Ongoing
15.	-	-	-	Documentation of plants, metals, minerals, animal products and other materials used in various indigenous religious practices and rituals across India (As part of MEBS)	Ongoing
16.	-	ICL0265	IMR (Clinical Research Project)	A Clinical Consensus study for the development of Standard Operating Procedure and practice guidelines for Anjana Karma with a Feasibility study in Immature Cataract.	Ongoing
17.	-	ICL0295	IMR (Scoping Review)	A Scoping Review of Rasaushadhis in Cancer Management: Mapping Preclinical and Clinical Evidence	Ongoing
18.	-	-	IMR (Systematic Review)	Efficacy and safety of Ashwagandha (Withania somnifera)roots for Improving Cognitive Function and Mood in Adults: A Systematic Review	Ongoing
19.	-	IBO0081	IMR (Medicinal Plant Research)	Medico Ethno Botanical Survey in the Forest areas of Kollam District of Kerala	Ongoing
20.	-	ICL0297	IMR (Clinical Research)	Feasibility of Integrating a Structured Yoga Regimen into Ayurveda Treatment-as-Usual for Selected Non-Communicable & Metabolic Diseases: A Multicentric Health Systems Implementation Study in CCRAS Institutes	Ongoing